



CANOSSA HIGH SCHOOL, ANDHERI (E)

School Magazine  
2022-23

250<sup>th</sup> BIRTH ANNIVERSARY OF ST. MAGDALENE OF CANOSSA



"The Heart of Education is the Education of the Heart"

.....St. Magdalene of Canossa



## From the Principal's Desk

**"The Heart of Education is the Education of the Heart"**



**.. St. Magdalene of Canossa.**

St. Magdalene the Foundress of our Institute was born in 1774. This year we are celebrating her 250th Birth Anniversary. She was a Visionary with a heart filled with LOVE for humanity and wished specially to work towards educating the GIRL Child. Today we are here because of her vision & her Dream of Education. We thank God for the GIFT of St. Magdalene & her VISION



**"Education is not  
preparation of  
life, education is  
life itself"**

**John Dewey**

Education is indeed a lifelong process. Today, the role of school is not only to pursue academic excellence but also to motivate and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. I affirm that education begins at birth and continues through life. In every child, there is a world waiting to be explored.

Keeping in mind that to teach is to touch a life forever, we believe in holistic education that encompasses academics, co-curricular activities, sports education and life-skills learning. Activities and events related to value education, environment, health education, visual and performing arts, culture and heritage, as well as personality development are effectively woven into the main fabric of School curriculum.







## How Precious You Are!

Isn't CHICKEN a favourite food?!

So the urban experience of eggs and chicken is normally in the shop, in the kitchen, or at table. It is the narrow commercial experience of supplier and consumer.

How many of us have the grand opportunity of watching nature's wonderful way with eggs and chickens? How many of us would take the time to let nature unfold its grandeur for us and teach us precious life-lessons?



Take for instance, the difference between manufacturing and birthing. The common factor is labour. The uncommon factor is life and growth. Manufacturing brings out a product that is complete... and dead! Birthing brings forth incompleteness with hope and capacity for growth into completeness!

Manufacturing is proud and decides on its own time.

Birthing is humble, and abides by nature's time.

Manufacturing is aggressive, and makes things happen.

Birthing is respectful and lets things happen at their own pace, but fosters growth and maturity.





*At Canossa, this is what we adopt: the attitudes, policies, and processes of Birthing.*

*Deeply aware of dealing with human beings, Canossa is respectful and accommodating towards her children.*



*Our children, for us, are precious because they are gifts entrusted to us by the Creator himself. We respect His will for them, and nurture them so that the good He began in them may reach completion.*



*Our gratitude goes out to all the stakeholders who assist us in this process.*



*Thank  
you*

*Sr. Berlinda D'Cruz*



CELEBRATING

250<sup>TH</sup> BIRTH ANNIVERSARY OF

ST. MAGDALENE



**"I DESIRE THAT  
GOD MAY SET YOUR  
HEART ON FIRE  
WITH HIS LOVE".**

St. Magdalene of Canossa

**REPORT**

**BY**

**CANOSSA HIGH SCHOOL**

**ANDHERI (E)**

## *By Our School Reporter*

*1<sup>st</sup> March 2023*

*This day was an auspicious day for Canossa throughout the World as it was St. Magdalene 250<sup>th</sup> Birth Anniversary. It was a celebration of 250 years of St. Magdalene of Canossa as a gift of love and freedom. The Canossians expressed their gratitude for all the good done by her by following the inspiration and example set by her.*



*The Canossians at Andheri had a wonderful celebration, beginning with prayers and prayer dance thanking and praising the Almighty. This devotion was followed by a Power Point Presentation on the Life of St. Magdalene.*







To make children too, part of this great and grace-filled celebration, the 250<sup>th</sup> Birth Anniversary of St. Magdalene our Foundress and Mother, the theme given by the institute, "**SET LIFE ON FIRE**", was made known to the students.

The students were explained that setting Life on fire is to find our passion and living life intensely and devotedly.

A wonderful skit was enacted depicting her values specially of **HONESTY** and **FAITHFULNESS**. The children were touched.







Through the heart-warming skit the message of **OBEDIENCE** and **COMPASSION** was delivered to the students.



Inspirational message were given by Sr. Esperanca Vaz, the Chief Guest for the day and Sr. Margaret Sequeira the Principal of Canossa High School, Audhuri (E ). The children were urged to **follow in the footsteps of Our Foundress** and to make a difference in society.



As is the custom scholarship were given for the year to mark the day. The excellent programme ended happily as sweets were distributed.



“Those who love me never  
fail, since love knows  
no burden.”

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## *Awaiting a New Dawn..*

*One is filled with mixed feelings when the time comes to bid goodbye but in my case it's a bit different because I am looking forward to the time that I am going to spend with myself and my family with a singular feeling of satisfaction for having given my best years to a profession that I love. I have spent 18 years in Canossa, Andheri. I have a lot of good memories associated with my journey.. Just as we all realise that every bright Sunrise is followed by a peaceful Sunset, every beginning too has an end, the end when it comes will not be so difficult to accept. We have to be prepared for it from the very beginning.*

*I am so looking forward to the next phase of my new life wherein I have time to chase those dreams that I set aside to pursue my profession. I am bidding goodbye to this institution after having gained a wealth of knowledge, which I will treasure forever. I am thankful from the bottom of my heart to all my team members, colleagues, management and students for always being on the cooperative front.*

*Whatever I have achieved so far wouldn't have been possible without the support of the principals I have worked under and my team members. Every single day I spent interacting with all of you has helped me in becoming a well-rounded individual.*

*Even in times when I doubted myself, my principal and colleagues were patient and understanding with me. They all were my biggest cheerleaders! I will deeply miss them.*

*I thank the almighty for giving me the opportunity to work in this institution and serve my students because it was my passion and a vocation which I had chosen*

*for myself..*

*Goodbye.. Adieu..until we meet again*

**Mrs. Lekha Fernandes**  
**Teacher**





# NATURE

Grass is not green on the other side, grass is green where you water it. Creations of God are amazing and fabulous, and nature comes under one of the most indescribable creations. Nature is something really unique, astonishing, it surrounds us on all sides. Nature particularly is the air we breathe, the water we drink, the sun we soak in, the moon we gaze at. Yes, we do love nature, but do we appreciate nature? If so, why do we take off tons of pages from books, when the slightest mistake is made? Though nature has provided us with our basic necessities, we humans keep exploiting the beauty of nature. Mother Nature is tired with our evil and selfish ways. Our selfish deeds have crossed limits.

When we see a pretty place, don't we take pictures and post it on social media? What happens when such pretty places won't exist because of the waste we scatter it with? Minimizing waste can be done by using recycled materials, eco-friendly lunches, minimizing paper waste, Etc. Certain things that humans do, have direct impact on nature, like dumping waste in the ocean, clearing of forests for urbanization and wood use, extensive overuse of non-renewable resources like fossils, fuels, Etc. can cause great harm to nature. Humans need to understand that surviving without nature is impossible, if nature has the ability to protect us it also has as much power to destroy us. Nature has its music to those who'll listen.

Liselle D'souza

IX B





## *Pourquoi apprendre le français ???*

### *Why should one learn French ???*

*Nous vivons dans un monde multilingue, où les connexions sont plus influentes que jamais. Le monde évolue à l'échelle mondiale et la connaissance de plusieurs langues peut offrir un avantage injuste. En plus d'avoir plus de chances de décrocher un bon emploi ou de progresser dans votre carrière, l'apprentissage de plusieurs langues peut également vous donner un aperçu d'autres cultures. Par conséquent, connaître de nombreuses langues est très bénéfique et les Indiens sont connus pour être des experts lorsqu'il s'agit d'avoir une grande connaissance des langues.*

*We live in a multilingual world, where connections are more influential than ever. The world is evolving globally, and knowing multiple languages can offer an unfair advantage. Besides having more chances of landing a good job or advancing in your career, learning multiple languages can also give you an insight into other cultures. Hence knowing many languages is very beneficial and Indians are known to be experts when it comes to having a lot of knowledge of languages.*

*Dans Std 8th, la plupart des étudiants ont le choix, s'ils veulent apprendre une nouvelle langue ou continuer avec le même cours. Certains optent pour la même chose, tandis que d'autres visent à apprendre quelque chose de nouveau. La nouvelle langue serait le français. Mais pourquoi le français ?? Pourquoi pas le mandarin ou l'espagnol ?? C'est parce que l'une des langues conseillées pour un débutant est le français. Le français est à la fois une langue de travail et une langue officielle des Nations Unies. Outre l'anglais, le français est la seule langue parlée sur les cinq continents. Plus de 250 millions de personnes parlent français dans le monde.*

*In Std 8th, most students are given a choice, whether they want to learn a new language or continue with the same course. Some go for the same, while others aim to learn something new. The new language would be French. But why French?? Why not Mandarin or Spanish?? That's because one of the advised languages for a beginner is French. French is both a working and an official language of the United Nations. Other than English, French is the only language spoken on all five continents. More than 250 million people speak French worldwide.*



*L'Inde a beaucoup de gens qui parlent français, surtout vers le sud bien qu'il ne leur ait pas été enseigné. En 1963, les Français ont envahi Pondichéry qui ont fondé la ville et l'ont construite sous sa forme actuelle. «Puducherry» est l'interprétation française du nom original «Puducheri» signifiant une nouvelle colonie. Pondichéry a toujours une communauté de Français vivant dans la ville. Il y a 6 500 Français inscrits en Inde du Sud, dont environ 5 500 à Pondichéry. Par conséquent, nous réalisons que le français est une langue très importante et que ce n'est pas une obligation d'apprendre bien qu'il ait ses avantages, alors pourquoi ne pas apprendre une nouvelle langue et augmenter votre vocabulaire ? Il n'est jamais trop tard pour commencer.*

*India has many people who speak French, especially towards the South though it was not taught to them. In 1963, the French invaded Pondicherry who founded the town and built it in its present form. 'Puducherry' is the French interpretation of the original name 'Puducheri' meaning a new settlement. Pondicherry still has a community of French people living in the city. There are 6,500 French people registered in South India, of these, about 5,500 are in Pondicherry. Hence from this, we realize that French is a very prominent language and that it is not a compulsion to learn though it has its advantages, so why not learn a new language and increase your vocabulary? It's never too late to start.*

~by Christle Lobo  
a<sup>th</sup> c



## "सुबह और शाम"



सुबह तो सुबह होती है प्यारो शाम तो शाम होती है,  
दोनों के बीच 12 घंटे की दूरी बड़ी बात होती है।

सुबह दिन की शुरुआत होती है, शाम को आराम की रात होती है,  
सुबह तो सुबह होती है प्यारो शाम तो शाम होती है।

सुबह को अमृतबेला कहते, ब्रह्ममुहूर्त में हर शुभ काम की शुरुआत होती है,  
सुबह तो सुबह होती है प्यारो शाम तो शाम होती है।

शाम तो शाम है प्यारो ढल जाता सूरज फिर रात होती है,  
सुबह तो सुबह होती है प्यारो शाम तो शाम होती है।

सुबह को स्वर्णिम बेला अरुणोदय मंगल प्रभात होती है,  
सुबह तो सुबह होती है प्यारो शाम तो शाम होती है।

शाम को संध्या काल अस्तावन्त ष ढलता सूरज फिर रात होती है,  
सुबह तो सुबह होती है प्यारो शाम तो शाम होती है।

सुबह सुबह होती है, शाम शाम होती है,  
दोनों की कभी मुलाकात नहीं होती है।

Viyana Thakur  
VII C





## YOGA



The word Yoga is derived from the Sanskrit root 'Yuj' meaning 'to join' or 'to yoke' or 'to unite'. Yoga is an ancient form of exercises which is said to have originated in India thousands of years ago. It involves breathing techniques and meditation along with exercises which are beneficial for good health.

Yoga has increasingly become popular not only in India but also world wide. Lets pledge to include Yoga as a part of our lives.

1. Practicing yoga on a daily basis helps in improving body posture and also adds flexibility to it.
2. Strong immunity power is something that everyone desires inculcating a disciplined and strong yoga routine help you achieve this.
3. Yoga for a long time is known to reduce the stress and welcome a new positivity and peace in life.
4. Yoga also helps in gaining better concentration and focusing.
5. Peace is the most important and valuable by product of practising yoga.
6. Yoga also increases the blood flow, also helps in restoring a better lifestyle.





Yoga is an invaluable gift of India's ancient tradition. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature by changing our lifestyle and creating consciousness.



*Mrs. Vrushi Malap  
Teacher*



## La Langue Français

La communication est un élément essentiel de toute culture du monde. Sans avoir une communication efficace, il est impossible de partager les idées et les informations. Pour une communication efficace, la langue joue un rôle important. Le français est l'une des principales langues du monde. Le français n'est pas uniquement parlé en France, mais c'est une langue officielle dans 29 pays du monde. Ainsi, le français est l'un des meilleurs choix pour l'apprentissage des langues dans le monde entier. Le français est aussi une langue d'analyse qui structure la pensée et développe l'esprit critique qui est une compétence précieuse pour les discussions et la négociation. La capacité à comprendre le français donne accès à une autre vision du monde.

**"Apprendre une autre langue, ce n'est pas seulement apprendre des mots différents pour les mêmes choses, mais apprendre une autre façon de penser les choses."**

La capacité a toujours été une langue qui m'a toujours attiré. Je trouve cela extrêmement fascinant, ce qui a montré mon désir d'apprendre la langues. Je vois le français plus qu'une matière académique, je le vois comme un plaisir dans la vie, quelque chose que j'aimerais transmettre aux autres .







## French language

Communication is an essential element of any culture of the world. Without having an effective communication it is impossible to share ideas and information. For effective communication, language plays an important role. French is one of the world's major languages . French is not only spoken in France but it is an official language around 29 countries of the world. So, French is one of the top choices for language learning from all over the world. French is an easy language to learn. French is also an analytical language that structures thought and develops critical thinking which is a valuable skill for discussions and negotiations. An ability to understand French provides access to an alternative view of the world.

**"Learning another Language is not only learning different words for the same things , but learning another way to think about things." ———Flora Lewis.**

French has always been a language that has attracted me. I find it extremely fascinating which drove my desire to learn the language. I see french as more than an academic subject , I see it as a pleasure in life , something that I really enjoy and a passion that I would like to pass on to others.



*Susamya Rao*

*Std: X A*



## COME ON CHAMP!

*Have you ever wondered why we always have to study? Why do our parents always tell us to study? Why are they always insisting that you should study? Why are your teachers constantly saying the same thing?*

*Do these questions ever come to your mind?*




*My dear friends, you know even if you all give me 100 reasons for not studying, I'll give you ONE:*

***"Because we deserve better".***

*But everything depends on you, whether you want to study or not, whether you wake up in the morning and go chase your dreams or continue to sleep and dream in your dreamland. If your financial situation is not okay, it depends on you whether you want to continue it or work around it.*

*It's in your hand whether you study all night or cry the whole day. It is entirely up to you whether you want to change or remain the same, because your greatest challenge is determining who you were yesterday and who you want to be tomorrow.*





*But trust my words, friends; it is true  
that studying is not a happy job, but only  
these black-and-white or coloured books  
can make your life colourful.*

*The toppers who always come first in the class  
do so because they have decided to study  
hard. They decided to work hard.*

*No one is perfect. No one is smart. No one  
is goofy. No one is pure and No one is evil;  
just your thinking can make you imperfect,  
but once you come to know the real meaning  
of hard work,*

*No one is going to stop you from getting the  
highest marks. So come on champ, start  
working hard from now on and start building  
up your dreams. There will be many obstacles  
on the way to success, but keep going.  
So let's challenge ourselves today and see the  
magic happen,*



**Sana Shaikh**  
**Std: IX B**







## *l'hymne national français* *(The french National Anthem)*

La Marseillaise, hymne national français, composé en une nuit pendant la Révolution française (24 avril 1792) par Claude-Joseph Rouget de Lisle, capitaine du génie et musicien amateur. (La Marseillaise, French national anthem, composed in one night during the French Revolution (April 24, 1792) by Claude-Joseph Rouget de Lisle, a captain of the engineers and amateur musician.) Après la déclaration de guerre de la France à l'Autriche le 20 avril 1792, P.F. Dietrich, le maire de Strasbourg (où Rouget de Lisle était alors cantonné), exprime la nécessité d'un chant de marche pour les troupes françaises. (After France declared war on Austria on April 20, 1792, P.F. Dietrich, the mayor of Strasbourg (where Rouget de Lisle was then quartered), expressed the need for a marching song for the French troops.) Le texte original de « La Marseillaise » comportait six vers, et un septième et dernier vers (non écrit par Rouget de Lisle) a été ajouté plus tard. Seuls les premier et sixième couplets de l'hymne sont habituellement utilisés lors d'occasions publiques. (The original text of "La Marseillaise" had six verses, and a seventh and last verse (not written by Rouget de Lisle) was



# "La Marseillaise"

France/French National Anthem

Allons enfants de la Patrie,  
Le jour de gloire est arrivé!  
Contre nous de la tyrannie,  
L'étendard sanglant est levé, (bis)  
Entendez-vous dans les campagnes  
Mugir ces féroces soldats?  
Ils viennent jusque dans vos bras  
Égayer vos fils, vos compagnes!

Aux armes, citoyens,  
Formez vos bataillons,  
Marchez, marchez!  
Qu'un sang impur  
Abreuve nos sillons!  
Aux armes, citoyens,  
Formez vos bataillons,  
Marchez, marchez!  
Qu'un sang impur  
Abreuve nos sillons!

Amour sacré de la Patrie,  
Conduis-nous à nos vengeurs  
Liberté, Liberté chérie,  
Combats avec les défenseurs! (bis)  
Sois ton drapeau qu'à gloire  
Accours à tes mille accours,  
Que les ennemis expirants  
Voient ton triomphe et notre gloire!

Aux armes, citoyens,  
Formez vos bataillons,  
Marchez, marchez!  
Qu'un sang impur  
Abreuve nos sillons!  
Aux armes, citoyens,  
Formez vos bataillons,  
Marchez, marchez!  
Qu'un sang impur  
Abreuve nos sillons!

Tremblez, tyrans et vous perfides,  
Un jour de tous les pays,  
Tremblez! vos projets parricides  
Vont enfin recevoir leur prix! (bis)  
Tout est soldat pour vous combattre,  
S'ils tombent, nos jeunes héros,  
La terre en produit de nouveaux,  
Contre vous tout prêts à se battre!



Gauri Pitale

Neuvième classe A



# जीवनात नाती

जीवनात नाती

जीवनात नाती तशी अनेकच असतात ,

पण ती जपणारी लोक

फार कमीच असतात .....

काही नाती असतात रक्ताची

तर काही हृदयाची .....



काही नाती असतात जन्मो - जन्मीची , तर काही ' काही

क्षणापुरतीची ' .. काही नाती असतात ,

केसासारखी न तुटणारी ,

पण वेळ आलीच तर वाकणारी .... !

काही नाती असतात

तांबुनच आपले म्हणणारी

जवळ गेल्यावर मात्र दूर करणारी .....

काही नाती असतात पैशाने विकत घेता येणारी ,

तर काही प्रेमाने आपलेसे करणारी ...



काही नाती असतात

न जोडता सुद्धा टिकणारी

तर काही जोडून सुद्धा तुटणारी .....



नाव:- दर्शिका संजय घाटगे

वयस:- १०वी



## French Proverbs:-



### 1. Ce n'est pas la mer à boire.

Translation: "It's not as if you have to drink the sea."

Meaning: "It's not that difficult" or "it's not a big deal" and you can use it when someone complains about doing something.

### 2. Impossible n'est pas français.

Translation: "Impossible isn't French."

Meaning: It is the French way of saying "nothing is impossible". While it may seem very patriotic, français here doesn't refer to the French people but to the French language. As impossible is not a French word.

### 3. S'occuper de ses oignons.

Translation: "To take care of your own onions."

Meaning: This is a funny way of saying "mind your own business".

### 4. Les chiens ne font pas des chats.

Translation: "Dogs don't make cats."

Meaning: This is another way of saying "the apple doesn't fall far from the tree" or "you inherit the qualities and faults of your parents".

### 5. Ce n'est pas la vache qui crie le plus fort qui fait le plus de lait.

Translation: "It's not the cow that moos the loudest who gives the most milk."

Meaning: Talkers are not always doers. The one who talks the most is not always the smartest or the most resourceful.

### 6. Peigner la girafe.

Translation: "To comb the giraffe."

Meaning: "To do unnecessary and very long work, to do nothing effective". Because why on Earth would you comb a giraffe?

~by Christle Lobo  
9th C





## मेरा परिवार

मेरे खुशियों से भरा परिवार ।  
वही है सुख दुःख का ताला  
वही है खुशियों की माला।

वह खिलाते है हमें खेल,  
वह करते है हम सबका मेल।  
मेरा खुशियों से भरा परिवार ।

वह लाते है हमारे जीवन में उजाला,  
वही लाते है हमारे जीवन में मिठास ।  
मेरा खुशियों से भरा परिवार ।



कदर करो उनकी जिसने तुम्हे पाला,  
कदर करो उनकी जिसने तुम्हे संभाला  
मेरा खुशियों से भरा परिवार ।

**Aleena**

## झाडाचे अश्रु

मी, मी एक झाड जे तुम्हाला नेहमीच मावली देणार, काळ देणार, फुले देणार मात्र जन्म वेळेचे वा मागीलमधे झाला. मी माळीमधून जन्म घेतल्यानंतर मी इकडे तिथेच राहू लागली, तेव्हा मी पाहिले हलकी सुवाची किरणे माझ्यावरची पडत होत्या, हलका हावका वाटा माझ ओढ्या देऊन जात होता. मी सुवाचीकडे पाहून त्याला विचारले की, तू कोण आहेस? मूर्धे झाला, मी मूर्धे मी त्याला विचारले तू काय करतोस? तो झाला मी सर्वाना प्रकाश देतो, हावुहवु मूर्धे आणि माझा राग खेरीत घालू झाला आणि मग तो मूर्धे माझ एक मित्र झाला. मग असेच एकमेकांशी राग खेरीत करू लागलो, मला कायपणे आणि आम्हीही खुद्द एकदम घांगरी झाली. थोड्या दिवसांनंतर मी मूर्धे होत गेली. थोड्या दिवसांनी माझा राग जोडांवरची पणू - पळी आणले घट्टी घालू लागलो. थोड्या दिवसांनी माझा प्रेक्षकांसाठी खेड फड घाबला लागली, असाच भरपूर रंग घालू होत, मी खुश खुश होतो.

काही काळानंतर मात्र राग वाढत गेल, माझ्या काडांसाठी काळ पापणे बंद झाले. माझ्या माथलीत कोणती लोक मला काढून माझ्या लाकडाचा वापर करायला लागली. त्यामुळे त्यांनी मला तोंडून टाकले, हे पाहून मूर्धे भडकला. मूर्धेने माणसांसाठी वापर राग ठेवला, तो राग कसा वाचला करायला आणून त्याने त्याचा प्रकाश तीव्र केला, तो राग त्याने आपल्या प्रकाशाने माणसांसाठी कडावया प्रयत्न केला, तो राग पछाड होता की त्याने माणसं डावली गेली. माणसांना राग काही कडाल नव्हते की आजकाल मूर्धे असा का वागत आहे. सर्व माणसं वेतातून एका सधुंकडे गेली, आणि माणसां को असे करायला होत आहे, की आजकाल मूर्धे इतका तीव्र का होत आहे. माणू माणसां को तुम्ही त्याच्या विचारा तोंडाले आणून मूर्धे नसान आहे तुमच्यावर, मग तेव्हा लोकांनी सावुला विचारले की, असा काय करत त्यांनी सोडिले की तुम्हाला मूर्धेची माफी मागची लागत.

मूर्धेने तुम्हाला माफ केले की तुम्हा हा काळ मिळून गेला. सावुचे हे माणसं एकुन सर्व माणसं सुवाचीकडे जाऊन सुवाचीची माफी मागू लागली. मूर्धेने थोड्या घरात त्याने राहू केले आणि माणसां का तुम्ही एक झाड काढत तर तुम्हाला अनुन दोन झाडे लावली लागली आणि निसर्गाला काही हानी होऊ नये, बांधी तुम्हाला काढली त्याची लागत तरच मी तुम्हाला माफ करेन. सर्व माणसांनी त्यांची ही अट शिबबार केले आणि नवीन झाडे लागू लागली.

**सावुचे -** आपण झाडे लावली पाहिलेच, त्यांना तोंडू नये आणि निसर्गाचे काही हानी होणार नाही बांधी काढली त्याची.



(वृ. जूई राजेश तळगांवकर)



## *Canossa High School - Nature Club*

*Canossa High School has had a Nature Club for a long time now. The school has been conducting various activities in association with Greenline for many years.*

*It's not a big secret that the future of our planet desperately needs to be conserved and safeguarded, because of uncontrolled human activity and ongoing climate changes that are already wreaking havoc on our natural environment.*

*The purpose of the Nature Club has been to create greater awareness about protecting and conserving natural resources and saving our mother earth for our future generations.*

*The Nature Club has till date conducted several activities and drives every year since its inception.*

*The school conducts a Tree Plantation Drive at the start of every academic year. During festivals, Eco-friendly Ganpati, Raksha Bandhan is conducted. Students are taught techniques and methods for composting and bio-waste handling, among other things, in the various workshops conducted from time to time by the Nature Club. A drive to collect and recycle e-waste is also conducted at regular intervals. All students, with the active support of the teachers in charge of the Nature Club, are involved in this environmental drive.*

*The motto is Reduce, Reuse, and Recycle... Don't just think green; live green.*

# SCIENCE Exhibition



*25th November, 2022 was our Science Exhibition held in our school's Science lab. The topic was A Working model. All the girls of Science club were gathered to see the opening of Science Exhibition.*





Sr. Belinda was invited to inaugurate by cutting the ribbon. After cutting the ribbon we entered the lab and stood in front of our working models. Some girls made their models in groups and did it individually. All the girls made their models so beautifully and creatively. There were many models that were really working such as AN ELEVATOR, A COOLER, A TABLE FAN, A WINDOW FRAME CLEANER and many more things.



*Sr. Vailankanni and other sisters were also invited. Not only sisters but teacher's those who teach science were also invited. Some of them were judges. I am sure it was a tough job for the judges, I can surely say that they may be confused that to whom they should give the prize of the competition. After the judging was over, some novices and a sister from Canossa Niketan came to visit our exhibition and were happy to see all the models working. And the exhibition came to an end, giving a much needed boost to all the participants.*



*Akshata Sutar  
IXC*





## HELP EVER HURT NEVER



Veda vyas wrote 16 puranas and told the humanity that the gist of all these puranas is

दरीपकाराव पुण्याया दादाय दस्फीदुयं meaning doing good to others is punya - learning merit while hurting others is pap-meaning demerit or sin.

Thus we must always remember that every person is bound by his karma so they may not be able to change themselves. thus, we must always seek opportunities to help our fellowmen who are in need or sufferings. We must never feel that they are bad or they are dirty or poor.

swami (Shri satya sai baba) says

दिन दुःखीयो की सेवा करा तेरा सार्ई प्रशान्त होमा.

Seva is **स्वां सेवा** wheather other benefit as not & definitely benefit when & serve others. Like one who makes chandan paste for bhagwan benefits first even before the diety.

What ever happens it happens if lord wills it. Sometimes we have not done any mistake yet people scold us as hurt us. Our natural tendency is to hurt back as point out same thing bad about that person. When same are points out our faults we must look within and see wheather I am wrong. then must improve myself & correct myself. if I am not wrong then I must ignore the remarks. Lord Buddha used to say- if you donot take a person inside the house he does not become your Guest and goes away.

Like that any unnecessary criticism & donot take it inside and ignore than I am not affected. It is important that & NEVER HURT.

If we do any mistake in our day we should dedicate this shloka to Lord Shiva.

Karachama Krutam Vaakanyajam Karmajam vad,  
Shravananayanajam vaa Manasam vaaprdham,  
vihitamavihitam vaa sarvametakshamasva, Jaya Jaya  
Karunalthe Shree Mahadev Sambho.

Thus if we want to become Good children and thereby God's children and become one with his Divinity we must always



## The Mystery of the Bermuda Triangle

September 17, 1950 was the day when unusual disappearances in the Bermuda area appeared. The Devil's triangle is an urban legend focused on a loosely defined region in the western part of the North Atlantic Ocean where a number of aircrafts and ships are said to have disappeared under mysterious circumstances. In February 1964, Vincent Gladis wrote an article called "The Deadly Bermuda Triangle" in the pulp magazine Argosy saying Flight 19 and other disappearances were part of a pattern of very strange events in that particular region. The next year, Gladis expanded this article into a book called "Invisible Horizons". Many other writers also elaborated on Gladis's idea. If we take a map and trace a line from the Island of Bermuda to Puerto Rico to Miami and then back to Bermuda you get.....a triangle. A sinister polygon known for mysteriously swallowing 2000 ships and 200 aircrafts. The airplane involved was Beechcraft Bonanza single engine aircraft. On board was Pilot Gernon along with 2 other passengers, his father and his business partner. They took off from the Andros Island in the Bahamas and headed towards North-West towards the Florida coast. It was December 4th 1970. Bruce Gernon plane was within the clutches of this triangle. This was a typical flight. Bruce had travelled dozens of times before. The trip usually took an hour and a half to reach.

Bruce took off. Strange things started to happen. At an altitude of 1000 feet, he noticed a small cloud ahead, but it kept growing. Not because the plane kept getting closer but it was getting bigger in size. Bruce had to fly through it, he just did that, came out the other end all fine. Another mysterious cloud appeared at 11,500 feet.



*This cloud however was even bigger and Bruce had no other choice but to fly through it too. He concentrated, took a deep breath and in the cloud they went. It felt like it was night time as they went through the cloud. Not a single ray of sunlight could be seen, but this was not a storm cloud and it wasn't raining. Bruce started to get worried and BAM!! Flashes of light started to appear. They would appear and vanish. Bruce certainly knew it wasn't lightening. These flashes were so bright that they lit up the whole space around them. Bruce kept flying for 30 minutes when he realised it was the same cloud he had been through earlier. All of the aircrafts navigational instruments started malfunctioning. The compass was spinning by itself counter-clock wise. It was like the plane was being operated by something else or it was moving inside some kind of current. All the attempts were to no avail. Bruce was determined to get out of this thing and live to tell the tale.*

*The walks kept narrowing, smaller and smaller. Bruce was running out of time, knowing he has to act fast. The next 20 seconds were the most unforgettable seconds, but then, he burst out of the foggy trap. For the first 5 seconds Bruce felt weightless as his plane left the tunnel. The cloud dispersed and the aircraft was in a greyish haze. The men led out a big sigh of relief. Bruce immediately contacted ground action through the radio. Bruce wanted him to track his location. The shocking thing was that when the dispatcher looked at the green screen his face became pale, as if he'd seen a ghost. Bruce's plane wasn't on the radio! But then the dispatcher said that the aircraft was already in Miami airspace. Bruce was utterly shocked by this information. It couldn't be true. The distance the Beechcraft was supposed to cover was up to 400 kilometres, the whole trip took usually 90 minutes. But this specific time it took only 47 minutes to get to the destination. This model of aircraft could only travel up to 290 km per/hr. You do the math and anybody would be able tell that this was just impossible. The dispatcher must have made a mistake Bruce thought to himself, but as the clouds began to disperse Bruce truly saw that he was in Miami. The plane landed safe and sound. Now it was time to solve this mystery. Bruce checked the remaining of his fuel. After some short calculations, he was even more confused that the plane hadn't gone through the fuel it should have. Bruce was an experienced pilot; he couldn't have been wrong. By the age of 20 he had about 600 hours worth of time in air. All the evidence claimed that Bruce's aircraft had just skipped half the amount of distance it should have covered. Bruce thought about this for a long time, even consulting the professors about*



Bruce thought it all came down to this electric frog with white flashes, others however theorized that dark energy was responsible for this, the same dark energy responsible for the expansion on the universe. This dark energy could have curved time space like a black hole, forming this strange tunnel. Bruce accidentally got into it but was lucky enough to get out. That's how he got into Miami airspace so fast. Do remember that dark energy is just a theory. To this day there has been no evidence on how Bruce reached Miami so fast. Archives records said that there were 84 sunspots that day as well as a huge solar wind moving at a speed of 700 km/s. This would cause disturbances in the Earth's magnetosphere throwing off the radars of the aircraft. Perhaps that cloud growing before Bruce's eye was simply two massive air currents smashing into each other.

And about the weird clouds they turned out to be very common things in this area, zones with high and low pressure are constantly colliding there, result storm clouds. This is by far not the most shocking incident. In 1945, a total of 5 planes went missing in the Bermuda triangle all at once. Some navy student pilots were training in the area on December 5<sup>th</sup>. Ironically they all got lost and couldn't find the base. It was assumed that the plane must have ran out of fuel which is most likely to cause the incident. The circumstances however were very strange. All students were under the supervision of experienced lieutenant with 2500 flight hours. This incident was called "flight 19". Even now there is a debate on how it could've happened. 3 years later a passenger Jet was flying from Puerto Rico to Miami disappeared. There were 29 passengers and 3 crew members on board. The weather was all clear throughout the flight, but experts believe that 80 Kilometres before reaching the destination, it could've been hit by strong winds which knocked off course. Years later, divers found a similar looking plane in the ocean. It couldn't be identified as the same plane as it lacked a few details. On January 1948, a flight with 25 passengers and 6 crew members went missing, somewhere near Bermuda. The mystery of all these planes disappearances remain unsolved. What was it that made the flights disappear? It will remain a mystery! 6 crew members went missing, somewhere near Bermuda. The mystery of all these planes disappearances remain unsolved. What was it that made the flights disappear?

Vinshel D'souza



## *My Best Friend-Mother*

### *Ma Meilleure Amie - Mère*

Ma mère est mon tout. **My mother is my everything.** Ma mère est l'exemple parfait d'un être humain désintéressé, dévoué et aimant. **My mother is a perfect example of a selfless, devoted and loving human being.** Ma mère a été une source constante de soutien, se tenant à mes côtés à travers les hauts et les bas de la vie. **My mother has been a constant source of support, standing by my through ups and downs in life.** Elle me motive toujours à marcher sur le bon chemin. **She always motivates me to walk on the right path.** Elle est mon modèle. **She is my role model too.** Comme si elle était la seule à me comprendre, personne ne peut le faire. **Like she is only one who understands me that no can do.** Comme Dieu ne peut pas être là avec chaque être humain dans leur vie, il a fait mère. **As God can't be there with every human being in their lives, he made mother.** C'est une personne simple, humble et terre-à-terre qui montre toujours un vif intérêt pour nos activités et nos discussions. **She is simple, humble and down to earth person who always shows a keen interest in our activities and talk.** Ma mère est à la fois mon professeur, mon super-héros et ma meilleure amie. **My mother is both my teacher, my superhero and my best friend.** Ma mère est l'étoile la plus brillante de la galaxie et la seule bonne solution à tous mes problèmes.

**My mother is the brightest star in the galaxy  
and the only proper solution to all my problems.**



Nom:- Darshika Sanjay Ghadi

Std: IX B





## आई बाबांचे आपल्या मुलांना पत्र

माझ्या प्रिय मुलांनो,

ज्या दिवशी आम्ही तुम्हाला म्हातारे झालो असे वाटेल त्या दिवशी आम्हाला समजुन घेण्याचा प्रयत्न करावा. जेवताना आमच्या हातून काही सांडले किंवा आम्हाला व्यवस्थित कपडे घालतात आले नाही, तर ते दिवस आठवा की लहानपणी तुम्हाला हेच शिकविण्यासाठी आम्ही कितीतरी वेळ घालवत होतो.

जर आम्ही एकच गोष्ट वारंवार सांगू लागलो, तर आम्हाला अडवू नका. आमचे बोलणे ऐकून घ्या. तुम्ही लहान असताना हेच करत होतो.

जर आम्ही कधी स्वतःला नीट स्वच्छ करू शकलो नाही, तर आमच्यावर रागवू नका. उतारवयामुळे जर आमची स्मरणशक्ती कमी झाली तर आम्हाला ती गोष्ट आठवण्याची संधी द्या. आम्हाच्यावर चिडू नका.







एक दिवस असा येईल की आम्ही चार पावलेही चालू  
शकणार नाही, त्या दिवशी आम्हाला तसाच आधार द्या,  
जसा लहानपणी तुम्हाला चालायला शिकवत असताना  
आम्ही दिला होता.

माझ्या प्रिय मुलांनो, आम्हाला जीवनाच्या अखेरच्या  
टप्प्यापर्यंत धरून ठेवा. तुमचे प्रेमळ हास्य हाच आमचा  
आधार असेल.

माझ्या लाडक्या मुलांनो, आम्ही तुमच्यावर सर्वात जास्त  
प्रेम केले आहे. हे कधीही विसरू नका. आणि कधीही  
आम्हाला वृद्धाश्रमाची वाट दाखवू नका. हि नम्र विनंती.

तुमचे आई - बाबा ...



Madhura Sutar

VII / A Roll No. 55



# Recette De Sandwich Au Fromage Grillé

## (Recipe for Grilled Cheese Sandwich)



### Ingédients (Ingredients)

- \* 1-2 cuillères à soupe de beurre ramolli (1-2tbsp butter)
- \* 2 gousses d'ail, hachées (2 garlic cloves, minced)
- \* 2 cuillères à café de Garam Masala (2tsp garam masala)
- \* 2 cuillères à café de piment en poudre (2tsp chili powder)
- \* ½ cuillère à café de paprika (1/2tsp paprika)
- \* ½ cuillère à café de cumin moulu (1/2tsp ground cumin)
- \* 1 cuillère à café de coriandre moulu (1tsp ground coriander)
- \* ½ cuillère à café de sel (1/2tsp salt)
- \* 4 tranches de pain (4 slices of bread)
- \* Beurre (butter)
- \* Tranches de Fromage (slices of bread)

### Instructions

Préparez la tartinade tikka masala en mélangeant le garam masala, paprika, le cumin, la poudre de chili, la coriandre moulu, le sel, l'ail haché et le beurre ramolli. (Make the tikka masala spread by mixing the garam masala, paprika, cumin, chili powder, ground coriander, salt, minced garlic and softened butter.)

Faites chauffer une poêle à feu doux à moyen et ajouter le beurre. Ajoutez autant que vous préférez. (Heat a skillet on low to medium heat and add butter. Add as much as you would prefer.)

Ajouter deux tranches de pain dans la poêle. Ajouter une tranche de fromage (ou deux) sur une tranche de pain. Sur l'autre tranche, étaler une couche de pâte à tartiner tikka masala. Encore une fois, étaler autant ou aussi peu que vous le souhaitez. (Add two slices of bread to the skillet. Add a slice of cheese (or two) on one slice of bread. On the other slice, spread a layer of the tikka masala spread. Again, spread as much or as little as you would like.)

Retourner la tranche de pain avec la pâte à tartiner sur la tranche avec le fromage. Gardez la température basse à moyenne basse et couvrez la casserole. Cela permet à la chaleur de se répartir plus uniformément. Assurez-vous de vérifier souvent. (Flip the slice of bread with the spread over the slice with the cheese. Keep the temperature low to medium low and cover the pan. This allows the heat to distribute more evenly. Make sure to check often.)

Une fois que le dessous est doré, retourner et cuire jusqu'à ce qu'il soit doré. Appuyez doucement avec une spatule pour cuire uniformément. Coupez le sandwich en diagonale et servez ! (Once the bottom is golden brown, flip and cook until golden brown. Press gently with a spatula to cook evenly. Cut the sandwich diagonally and serve!)



SHARON OSOUSA BA 10

# घरट्यातला देव

घरट्यातला देव आई  
गावाकडची ओढ आई  
शेतकऱ्यांची काळी आई  
देता देता देत राही १३१

लेकीचं माहेर आई  
लेकराचा हट्ट आई  
समईचं तेल आई  
बाळासाठी जळत राही १३२

वटवृक्षाची सावली आई  
वारकऱ्यांची माऊली आई  
अंगणातली तुळस आई  
कामात कधी आळस नाही १३३

शहाळ्याचं पाणी आई  
कोकीळेचं गाणी आई  
तलवारीची धार आई  
जीवनाचा सार आई १३४

सुखातला आनंद आई  
दुःखातला आधार आई  
आई शिवाय घर नको  
बाळासाठी देव आई १३५



कवियत्रिचे नाव:

कनक घनःश्याम देसले



# Crêpes à la maison!

Les crêpes sont plus faciles à préparer que vous ne le pensez !

Pancakes are easier to make than you think!

J'ai trouvé cette recette dans le vieux livre de cuisine de ma grand-mère et en regardant les pages usées, on dirait que c'était une de mes préférées !

I found this recipe in my grandmother's old cookbook and looking at the worn out pages it sure looks like it was a favourite!

Cette recette facile produit de délicieuses crêpes épaisses, moelleuses et polyvalentes avec seulement quelques ingrédients qui sont probablement déjà dans votre cuisine !

This easy recipe produces thick, fluffy, and all-around delicious pancakes with just a few ingredients that are probably already in your kitchen!

Temps de préparation : 5 minutes

Prep time : 5 minutes

Temps de cuisson : 15 minutes

Cooking time : 15 minutes

Sert : 8

Serves: 8

Ingrédients:

Ingredients:

1 ½ tasse de farine

1 ½ cups flour

3 ½ cuillères à café de levure chimique

3 ½ Teaspoon baking powder

1 cuillère à soupe de sucre blanc

1 Tablespoon white sugar

¼ cuillère à café de sel

¼ Teaspoon salt

1 ½ tasse de lait

1 ½ cup milk

3 cuillères à table de beurre fondu

3 Tablespoons melted butter

1 œuf

1 egg



Méthode:

Method:

Tamiser la farine, la levure chimique, le sucre et le sel ensemble dans un grand bol.

Sift the flour, baking powder, sugar, and salt together in a large bowl.

Faire un puits au centre et ajouter le lait, le beurre fondu et l'œuf.

Make a well in the centre and add the milk, melted butter, and egg.

Mélanger jusqu'à ce qu'il devienne une pâte lisse  
*Mix it until it becomes a smooth batter*

Chauffer une plaque chauffante légèrement huilée à feu moyen-vif.  
*Heat a lightly oiled pan over medium-high heat.*

Versez la pâte sur la poêle, en utilisant environ  $\frac{1}{4}$  de tasse pour chaque crêpe.  
*Pour the batter on the pan, using approximately  $\frac{1}{4}$  cup for each pancake.*

Cuire jusqu'à ce que des bulles se forment et que les bords soient secs, cela se produira en 2 à 3 minutes environ.  
*Cook until bubbles form and the edges are dry, this will happen in about 2 to 3 minutes.*

Retournez et faites cuire jusqu'à ce qu'ils soient dorés de l'autre côté.  
*Flip and cook until golden browned on the other side.*

Répéter avec la pâte restante.  
*Repeat with remaining batter.*

Servir avec du miel, du sirop de chocolat ou toute autre chose que vous aimez !  
*Serve with Honey, Chocolate syrup or anything else that you like!*

Bonne cuisson !  
*Happy cooking!*



~ Recette de - Alice Ayalin  
Édité par - professeur de français  
Classe - Neuvième A  
Numéro - 61



# सफलता

कुछ करना है,

तो डटकर चल ।

थोड़ा दुनियां से हटकर चल ।

लीक पर तो सभी चल लेते है ।

कभी इतिहास को पलटकर चल

बिना काम के मुकाम कैसा ?

बिना मेहनत के, दाम कैसा ?

जब तक ना हासिल हो मंज़िल

तो राह में, आराम कैसा ?

अर्जुन सा, निशाना रख ।

मन में, ना कोई बहाना रख !

लक्ष्य सामने है,

बस उसी पे अपना ठिकाना रख

सोच मत, साकार कर

अपने कर्मों से प्यार कर ।

मिलेगा तेरी मेहनत का फल ।

किसी और का ना इंतज़ार कर

जो चले थे अकेले

उनके पीछे आज मेले है .....

जो करते रहे इंतज़ार

उनकी जिंदगी में आज भी झुमेले है ।।





# ROTARY CLUB ACTIVITY

The exhibition was held on 28 and 29th of January the team that brought 4th the concept comprised of Namisha Bagwe, Paridhi Pandey, Purva Gurav, Shriya Mendonca and Swastika Shinde.

The teachers who guided them throughout the process and even a company them to the respective venue were Miss Cinderella Falcao and Miss Pramila Carneiro.

The exhibition was held at Hiranandani old school Powai the concept was footstep energy.

**Footstep energy- the idea of converting footsteps into electricity**

Since the industrial revolution India has been facing an energy crisis, we are unable to get rid of the conventional and non-renewable methods for production of energy such as fossil fuels which cause more harm to the environment and to us by releasing greenhouse gases which warms up the planet.

Hence we thought, "Why not solve the energy crisis of India by exerting the energy within US?", so by the laws of physics we will be using piezoelectric materials to power up our country electrically.

Fun fact:  
'Piezo' is a Greek word which means 'push' or 'pressure'.



### How does it work?

When energy kinetic force is exerted on the piezoelectric materials the kinetic energy gives converted into electrical energy, this energy can be used or can also be stored in the batteries for further use.

Arduino Uno is a microcontroller and is the brain of the system, it gives instructions to the LCD which later shows if the system is working.

### Practical point of view:

The idea of these piezoelectric tiles have already been implemented at Oxford Street in London, known as 'Pavegen tiles', but the idea didn't take off there because the population was quite less, as a result, there weren't many people to utilize this source of energy. If this idea is used in India, especially in crowded places like railway platforms, malls, parks etc. it will definitely be a great way of utilizing our footstep energy and converting it into electrical energy.



ART





# STD VI

“

In the mind  
of every artist  
there is a  
masterpiece.

”



STD VII



“

**ART**

IS SOMETHING  
THAT MAKES YOU BREATHE  
WITH A DIFFERENT KIND  
OF HAPPINESS.



Sanskrit: गणेश - (Ganesh)





STD VII

# Foot-Ball

classmate Time Zaminah



flow with  
your  
creative  
spirit



## STD VIII

### What is the meaning of Wãrti art?

It is stated the Wãrti women used to paint their walls during the marriage to reflect on happiness and celebrations. Wãrti wall paintings are considered to be auspicious. The Wãrti Art is close to a natural life as is reflected in the designs of flora, fauna, and celebrations.



Photograph by N. K. S. S. S.



### What is Wãrti art based on?

The Wãrti art is based on the concept of Mother Nature and the elements of nature are often kept in focus. Since farming is the tribes main way of living, they have immense respect for nature and wildlife for the resources that they provide.

### What material is Wãrti painting?

The Wãrti exclusively use a white pigment made from a mixture of rice flour and water mixed with gum which is then applied to the wall, using a bamboo stick chewed at one end to make a supple paint brush. In the dim half-light of the huts, the rice pigment appears to gleam, giving the paintings an ethereal aura.



# STD X



Aditi patil -10th A











